

Hello everyone and welcome to your Heron Club Newsletter for the Autumn/Winter.

This newsletter comes in two sections with the first being an update on what's been happening and various news items and then the second part gives you details on the last few events of the year, including our Winter Open Day, Team Superstars, next Quiz Night, Junior Competitions and Heron's Adult and Junior Christmas Parties!

Farewell and Welcomes: It's time for us to say a fond farewell and to send our best wishes to Jayne and Jenny as they move on from the Heron Café to face new challenges. Thank you for everything and we wish you good luck and every success for the future.....and we offer a very warm welcome to Simon who will be taking over in the café from November.



Another exciting new addition to the Heron team is the return of Jon Askey after 17 years away. Jon has gained his coaching experience from Set Point Tennis Academy (Thames Ditton, Surrey) and The Hurlingham Club (London). Jon has reached the top 100 in the UK, competed professionally for 2 years, has represented Cornwall in junior and senior teams, is a former singles and doubles County champion, and is an LTA Level 4 Senior Club Coach. Jon will help run Heron and will be a member of the coaching team involved in delivering our junior, adult and Ace Academy programmes.



Thank yous: It's been a very busy summer for the club in all areas of the programme and we wish to thank you all, players and parents alike, for the part you play in helping Heron to be a really nice place to spend your time and for all your support of the various events, activities and coaching sessions we run. Thank you!

We would also like to say a huge thank you to all the adult and junior team players for representing the club so well in all the different Summer Leagues and, most especially, to all the team captains for their hard work and patience in organising all their players and fixtures.

Congratulations: Very well done to Heron's Tad Maclean who was recently picked to represent England in the Home Nations event held recently in Scotland. Congratulations for winning the title too!.....and as this newsletter is being written Tad has just battled his way through three rounds of qualifying and won his main-draw first round at the Aegon GB Pro-Series event in Barnstaple, earning his first ATP point and he is second youngest British player on the ATP pro rankings! This is a fantastic achievement for Tad and he narrowly lost his next match against former world Ranked 116 player David Guez 7/6, 6/3, having had a set-point in the first. Good luck Tad and keep up the amazing progress.



We also wish Jacob and Nadia well as they start their degrees and tennis scholarships at Loughborough University. Well done to Steve A and Elliot who won Cornwall's Holman Cup representing Heron.

Disability Tennis Successes: As you probably know, under Paul's guidance, we run a large programme for players of all ages and levels who have additional needs and/or various disabilities. Back in August Paul lead a team of 17 players from across the South West, including 7 Newquay players, up to Sheffield for the National Special Olympics Summer Games. The whole team did brilliantly well, but an extra special mention must go to Newquay players Shirley Sanders and Ben Smythe for both winning Gold in their singles events and to Josh Burt and Robbie Hampshaw for winning Gold in the Doubles. There were also excellent performances from Taylor Marsland, Sam Pike and Cory Lovell who all won medals as well.



Andrea has also had a brilliant Summer competing and has now moved up to Number 8 in the UK wheelchair tennis rankings and has broken into the top 100 in the world. Great Work Andrea!



Winter Opening times: From 1st Oct Mon-Fri 9am-10pm, Sat 8.30am - 4pm and Sun 9am - 3pm.

Winter Indoor Court Rates: start from 1st October Members Off Peak £14 / Peak £17 per court per hour

Club Nights Floodlight fees: The seasons march on and unfortunately this means that the charge for floodlights on club nights is back in operation. The cost will be kept to £2.00 per person.

Winter Daytime Block-Booking Slots Available! With the often wet and windy weather we endure, a great way to guarantee a regular game in perfect conditions for you and your friends is to make a winter block-booking in the indoor courts. Please speak to Liz for details.



October half term School Holiday Junior Fun Coaching Mornings - as well as the usual weekend sessions that run all year, we have camps on Mon 23 & Thur 25 Oct 10-11.55am for ages 5-15 years +. OLDER JUNIORS are especially welcome as there will be assistant coaches and 'hitters' so you won't have to play with the little ones!

Dates for your Diary!

Heron & Pershore Training Camp 2017 26-28 October: The inaugural camp with Pershore TC will see the invited young players train, learn and compete with players from Worcestershire, whilst making new friends and also enjoying some social off-court time as well.

Winter Open Day Sunday 5th November: Free coaching for everyone, members welcome to attend, especially if you can bring friends along too.

9.00am-9.45am Parents & Toddlers session. A perfect fun way to start for 2 1/2 -5 years

10.00am-10.50am Mini Tennis fun for 5-10 year olds Parents welcome to join in

11.00am-11.50am Coaching, Games, Drills and Fun + Cardio taster for 10 years to Adults. All ages and levels very welcome, especially beginners

12.00noon-12.50pm for anyone with any Additional Needs or Disability If, for any reason, you might not feel ready for mainstream tennis, please book in and discover what tennis can do for you



Open Day Places must be booked in advance at reception.



Fun Team Superstars with Glyn and Paul. Saturday 11th November 4.00pm-7.30pm with food option to follow: Once again it's time to get your teams of 4 (max 6 if you have extras) together to do friendly multisport battle as we convert the dome into our Superstars arena. Don't worry if you're remembering Brian Jacks and the Gym Tests or Kevin Keegan's bike crash, Heron's Superstars features different sports, skills tests and mental challenges that everyone can enjoy. Please book your team places now. Adults and responsible Juniors. £5.00 per person. Food options to be announced soon.

Charity Fun Quiz Night Friday 24 November 7.00pm for 7.30pm start: Our Quiz Night earlier in the year raised over £400 towards the defibrillator and with all the other fundraising efforts the target has been met! Well done and many thanks to you all. We hope lots of you can join us for this quiz as well in aid of Cornwall Blood Bikes Charity. Teams of up to 6 players and please sign-up in advance. Entry fee £5.00 per person and this includes lights snacks.



Heron's Adult Christmas Party and Awards Night Sat 16 December: Enjoy a tasty meal, entertainment and celebrations at Heron. See noticeboard for full details.

Heron's Junior Christmas Party and Annual Sat 16 December 9.30am-11.00am: Christmas Fancy Dress Tennis Fun followed by our Annual Player of the Year Awards Ceremony



Whirlwind Matchplay dates for Winter Season: The Whirlwind Sports Sponsored matchplay series runs throughout the winter and as well as the Heron events detailed below, there's a whole programme of events running at other clubs and we encourage all of our players to try and play as many of these events as you can.



They are good fun and great practice! **For details on all events visit <http://www.whirlwindminitour.net/>**

Red Ball: Sat 4/11 & Sat 24/2 2pm-4pm **Orange Ball:** Sat 11/11 & Sat 3/3 1pm-4pm

Green Ball: Sat 18/11 & Sat 10/3 1pm-4pm

Yellow Ball Timed Matchplays for rating 10's and 9's: Sun 8/10 11am-1pm & Sun 4/3 11am-1pm